

BEFORE THE OPERATION

- On the day of your appointment bring your usual medication as well as all the recent medical documents in your possession (laboratory results, electrocardiogram, X rays, etc).
- A medical report may, sometimes, be necessary (diabetes, high blood pressure, heart stent, coronary disease).
- If, since the last medical examination, you (or your child) have experienced a change in your state of health, even if only a chill or a high temperature (fever), please notify the doctor responsible for your care and also the anaesthetist.

During the consultation, the anaesthetist will give you all the information you need plus the steps to follow before your operation.

THE DAY OF THE OPERATION

- Bring all the medical documents in your possession, as well as your usual drugs with the packaging.

AFTER THE OPERATION

- You will go from the operating room to the recovery room, where a specialist nurse will monitor you until you are ready to return to your bedroom.
- If you leave the clinic the day of the operation, it is essential that an adult person accompanies you on leaving the clinic and stays with you during the first 24 hours.

DURING THE 24 HOURS FOLLOWING THE ANAESTHESIA

- Do not drink any alcohol.
- Avoid sleeping pills and tranquilizers, other than those agreed by your anaesthetist.
- Do not drive a car and do not handle potentially dangerous equipment (saw, drill, etc).
- Avoid taking important decisions.
- The necessary drugs for painkilling will be prescribed for you.
- Continue your usual treatment (unless advised to the contrary).